

# Nashville Area Metropolitan Planning Organization Bicycle and Pedestrian Plan

## Bicycle and Pedestrian Advisory Committee Meeting #2

January 29, 2009



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# Purpose of Today's Meeting

- Project Status Update
- Discuss of Local & Best Practices
- Discuss Next Steps

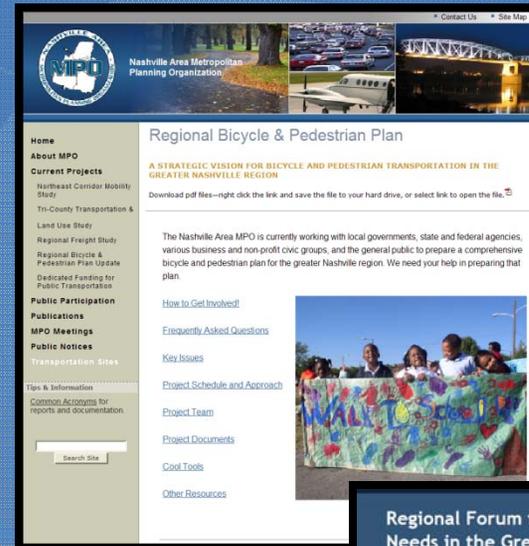
# Project Schedule

	1 Sept	2 Oct	3 Nov	4 Dec	5 Jan	6 Feb	7 Mar	8 Apr	9 May	10 June	11 July	12 Aug	13 Sept
<b>Task 1 - Project Work Plan</b>	[Task 1 - Project Work Plan]												
<ul style="list-style-type: none"> <li>• Consultant Coordination and Management Plan</li> <li>• Monthly Project Management Meetings</li> <li>• Periodic Coordination Meetings with Other Project Planning Teams</li> </ul>	★	★											
<b>Task 2 - Public Participation &amp; Stakeholder Involvement</b>	[Task 2 - Public Participation & Stakeholder Involvement]												
<ul style="list-style-type: none"> <li>• Bicycle &amp; Pedestrian Advisory Committee</li> <li>• Media Roll-Out</li> <li>• Targeted Stakeholder Workshop</li> <li>• Public Meeting</li> <li>• Website</li> <li>• Online Survey (External/Internal)</li> </ul>			○		○		○		○			○	○
		★											
<b>Task 3 - Data Collection &amp; Analysis</b>	[Task 3 - Data Collection & Analysis]												
<ul style="list-style-type: none"> <li>• Facilities</li> <li>• Plans, Policies, &amp; Programs</li> <li>• Travel Demands</li> <li>• System Performance</li> <li>• Opportunities &amp; Constraints</li> </ul>													
						★	★						
<b>Task 4 - Identify &amp; Evaluate Projects/Investment Strategies</b>	[Task 4 - Identify & Evaluate Projects/Investment Strategies]												
<ul style="list-style-type: none"> <li>• Long Range Vision</li> <li>• Project Evaluation Methodology</li> <li>• Priority List &amp; Funding Options</li> </ul>							★	★	★				
								★	★	★			
<b>Task 5 - Develop Implementation &amp; Program Management Strategies</b>	[Task 5 - Develop Implementation & Program Management Strategies]												
<ul style="list-style-type: none"> <li>• Implementation Strategies</li> <li>• Bicycle &amp; Pedestrian Funding Toolbox</li> <li>• Regional Bicycle &amp; Pedestrian Public Outreach Strategies</li> </ul>							★	★	★	★			
									★	★	★	★	★
<b>Task 6 - Final Report &amp; Executive Summary</b>	[Task 6 - Final Report & Executive Summary]												
<ul style="list-style-type: none"> <li>• Executive Summary</li> <li>• Final Report</li> </ul>											★	★	★
											★	★	★
<ul style="list-style-type: none"> <li>★ Draft Deliverable/Milestone</li> <li>★ Final Deliverable/Major Milestone</li> <li>○ Meetings/Events</li> </ul>													

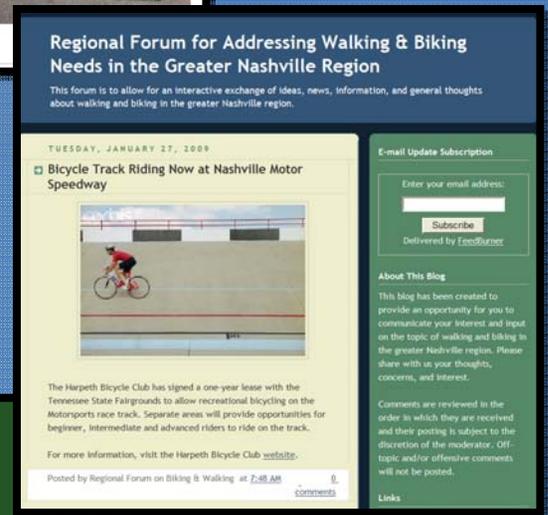


# Project Status

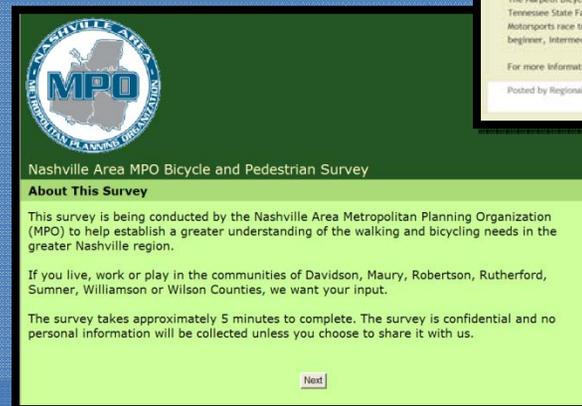
- Website/BLOG
- Online Survey
- Upcoming Public Meetings



The screenshot shows the website for the Nashville Area Metropolitan Planning Organization (MPO). The main heading is "Regional Bicycle & Pedestrian Plan". Below this, there is a sub-heading: "A STRATEGIC VISION FOR BICYCLE AND PEDESTRIAN TRANSPORTATION IN THE GREATER NASHVILLE REGION". A link is provided to "Download pdf files--right click the link and save the file to your hard drive, or select link to open the file." The page also features a section titled "How to Get Involved!" with links for "Frequently Asked Questions", "Key Issues", "Project Schedule and Approach", "Project Team", "Project Documents", "Cool Tools", and "Other Resources". A photograph of a group of people holding a colorful banner is visible on the right side of the page.



The screenshot shows a blog post from the "Regional Forum for Addressing Walking & Biking Needs in the Greater Nashville Region". The post is dated "TUESDAY, JANUARY 27, 2009" and is titled "Bicycle Track Riding Now at Nashville Motor Speedway". It includes a photograph of a cyclist on a track. The text of the post states: "The Harpeth Bicycle Club has signed a one-year lease with the Tennessee State Fairgrounds to allow recreational bicycling on the Motorsports race track. Separate areas will provide opportunities for beginner, intermediate and advanced riders to ride on the track. For more information, visit the Harpeth Bicycle Club website." The post is attributed to "Regional Forum on Biking & Walking" and has "0" comments. On the right side of the blog, there is an "E-mail Update Subscription" form with a "Subscribe" button and a note "Delivered by FeedBurner". Below the form is an "About This Blog" section and a "Comments" section.



The screenshot shows a survey titled "Nashville Area MPO Bicycle and Pedestrian Survey". The survey is being conducted by the Nashville Area Metropolitan Planning Organization (MPO) to help establish a greater understanding of the walking and bicycling needs in the greater Nashville region. The survey is confidential and takes approximately 5 minutes to complete. The survey is available in English and Spanish. A "Next" button is visible at the bottom of the survey.

# Project Status

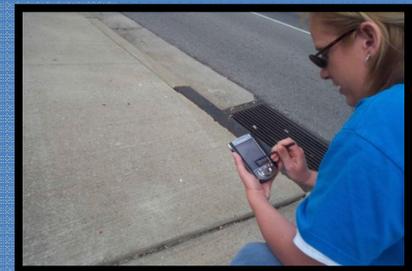
## Data Collection & Analysis

- Roadway Facilities
- Plans, Policies, and Programs
- Travel Demands

Bicycle Trip Activity

Pedestrian Attractiveness

- System Performance
- Opportunities and Challenges
- Peer Review



# Project Status

## Stakeholder Events

- Five Counties
- 50 Participants



# Discussion of Local & Best Practices

Locally



# Discussion of Local & Best Practices

## Locally

- Greenways
- School Siting
- Funding
- Development Community
- Education & Awareness
- Urban Vs. Rural Support



# Discussion of Local & Best Practices

## Nationally

What are the key elements of a  
Bicycle & Pedestrian Friendly  
Community?



# Discussion of Local & Best Practices

## Key Elements

- Local Bike & Pedestrian Coordinator
- Bicycle & Pedestrian Advisory Committee
- Bicycle and Pedestrian Master Plan
- Accommodation Policy
- A Five “E” Approach

# Discussion of Local & Best Practices

## Key Elements

- Engineering Practices
  - Facilities for Bicycles & Pedestrians
  - Accommodation Provisions
  - Sidewalk & Bicycle Design Standards
  - Bike Parking/Bikes on Buses
  
- Evaluation & Planning
  - Bicycle & Pedestrian Master Plans



# Discussion of Local & Best Practices

## Key Elements

- Educational Programs & Initiatives
  - Adult/Child Safety Programs (Bike Rodeos, Fitness & Health Events)
  - Brochures & Media Campaigns
- Encouragement Programs & Initiatives
  - Walk to School Day, Bike Week, Great Commuter Race
  - Bicycle Maps
  - Safe Routes to Schools
- Enforcement Efforts
  - Targeted Enforcement
  - Specific Police Training



# Discussion of Local & Best Practices

- What efforts are you or your organization involved in that relate to these elements?
- What are the key steps & strategies for making the communities of this Region more walk and bike friendly?

# Next Steps

- Upcoming Public Meetings
- Project E-Newsletters
- Complete Task 3 and Move into Task 4
- BPAC Meeting #3

# Upcoming Public Meetings

## **Rutherford County**

Monday, February 23<sup>rd</sup> from 5:30 - 7:30 p.m. - Smyrna Town Centre

## **Williamson County**

Monday, February 23<sup>rd</sup> from 5:30 - 7:30 p.m. - Franklin First United Methodist Church

## **Davidson County**

Tuesday, February 24<sup>th</sup> from 5:30 - 7:30 p.m. - East Park Community Center in Nashville

## **Sumner County**

Thursday, February 26<sup>th</sup> from 5:30 - 7:30 p.m. - Hendersonville Public Library

## **Wilson County**

Thursday, February 26<sup>th</sup> from 5:30 - 7:30 p.m. - Lebanon City Hall

# Next Steps

- Upcoming Public Meetings
- Project E-Newsletters
- Complete Task 3 and Move into Task 4
- BPAC Meeting #3



## NASHVILLE AREA METROPOLITAN PLANNING ORGANIZATION

MAYOR ERNEST BURGESS, CHAIR  
MAYOR KARL DEAN, VICE-CHAIR  
MICHAEL SKIPPER, EXECUTIVE DIRECTOR

### Nashville Area MPO Regional Bicycle & Pedestrian Advisory Committee Meeting Notes January 29, 2009

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#### **Meeting Purpose:**

Second meeting of the Regional Bicycle and Pedestrian Advisory Committee to present a status update on the bicycle and pedestrian planning project, discussion of local practices and best practice elements in bike- and pedestrian-friendly communities, and a discussion of local efforts and opportunities for making the region more walk and bike friendly.

#### **Meeting Location:**

East Park Community Center – 700 Woodland Street, Nashville, TN

#### **Attendees:**

See Attached Sign-In Sheet

#### **Meeting Summary:**

A PowerPoint presentation was made providing a project status update on the planning effort, a discussion of local practices from recent stakeholder meetings, a discussion of key elements in communities noted as bicycle/pedestrian friendly, and a discussion of local efforts/opportunities for making the region more walk and bike friendly. The following is a summary of the comments provided by committee members:

#### General Comments

- BPAC members stated they liked the project BLOG and Website (finding the information useful and timely).
- It was suggested to add stakeholder factoids to the BLOG to share information with the public.
- It was stated the State of Tennessee's Greenways & Trails Master Plan is now complete and available online - <http://www.state.tn.us/environment/recreation/greentrails.shtml>

#### Local Programs and Initiatives

- Harpeth Bicycle Club has safety training program for adults. They are considering a course for children.
- Harpeth Bicycle Club is working on a mapping effort to identify safe routes for biking to various destinations in Williamson and Davidson Counties.
- Harpeth Bicycle Club has just started a riding initiative which would let folks ride on the Metro Speedway year-round.
- Metro Police Department is looking at developing safety programs for bicycle and pedestrian safety (currently none exist).
- National Lifesavers Conference which is coming to Nashville March 29 to April 1, 2009 will have two sessions on bicycle and pedestrian safety: Tools for Pedestrian and Bicycle Safety Law Enforcement and Innovative Efforts for Pedestrian and Bicycle Safety.

- Nashville Striders works to educate runners on facing traffic, running single file, and avoid listening devices to stay safe on the road
- It was mentioned that the State's Driver Handbook does not address the new 3-foot law.
- Harpeth Bicycle Club has funded bumper stickers, brochures, and posters educating the public about the new 3-foot law.
- It was mentioned about the need/opportunity to get the Titans and other professional sporting organizations (or professional athletes) to help spread the message on safety initiatives geared toward pedestrians and cyclists. An example mentioned was Eddie George at the Tour de Nash and Jeff Fisher at the Kids Marathon.
- It was mentioned how the Bike Ride Across Tennessee (BRAT) was an excellent event in sharing bike safety. One year free helmets were given to students at area schools as they made their way across the state.
- The state's Safe Routes to Schools (SRTS) program was mentioned as a great means of furthering education and awareness of walking and biking safety.
- It was mentioned that more information also needs to occur on user rules not only for roads but for greenways as well.
- The need for greater accommodations for an aging population was also discussed.
- One member shared information on a bicycle arts sculptures program in Lincoln NB to raise awareness and funds in connection with city's trails system.
- Major Momentum Cycling Club mentioned that they try to serve as ambassadors when they are out and about to illustrate that biking is enjoyable and that anyone can do it.
- Local events such as cycling in Watertown and Stones River have been used to increase awareness of walking and biking opportunities.
- There was discussion of local BPACs and the recent BPAC created in Metro.
- It was mentioned that Metro has recently developed an eight minute bicycle safety video which will be shown on Metro Channel 3, the internet, and possibly NPT.
- Other programs and initiatives mentioned included partnerships with local Boy Scout and Girl Scout troops, bike to work, and walk to school events.
- The top three strategies mentioned by the BPAC after the discussion of opportunities included programs geared toward: Encouragement, Awareness, and Education

**Follow-Up Items/Next Steps:**

- Upcoming Public Meetings – Week of February 23<sup>rd</sup>
- Online Survey & E-Newsletter
- BPAC Meeting #3 – Late March/Early April